## YEAST FREE MENU 26.00 per meal/125.00 for 5 meals (plus tax)

April 1 Spinach and Eggplant Lasagna

4-6 Kitchen Closed

7 Herb Pork and Bean Stew

8 Beef and Veggie Stir Fry (\*New)

11 Meat and Vegetable Soup

12 Loaded Stuffed Peppers

13 Chicken Tortilla Soup

14 Chili with Pesto (\*New)

15 Chicken Stir Fry

18 Meatball Chowder

19 Spaghetti Squash Casserole

20 Tahitian Goulash

21 Catering Event

22 Rosemary Roasted Chicken

25 Mulligan Stew

26 Pork Meatballs with Tomato-Tarragon Sauce

27 Shrimp Curry

28 Tomato Topped Italian Tilapia

29 Saucy Meatballs

## Lagniappe of The Woodlands

"Lan-yap"

APRIL

Ph: 832/722-9963 Fax: 832/550-2493 danel@elanyap.com

Phone in orders will be accepted the day before by 12:00. Email and fax orders minimum two days notice.

Accepting MC/Visa/Discover/AE

All meals include a homemade salad with Italian dressing, Rolls or Corn Bread. All entrees are full size portions and are filling for a family of four. Meal cost are \$25.00 per entrée (plus tax) Additional vegetable side \$8.50 or dessert \$11.00. Yeast Free Menu are separate prices, please see menus. If you prepay for 5 meals, the cost per meal will drop to \$22.40(112.00 plus tax)

#### SALADS

Cobb Salad \$23.00 Salads served with homemade bread and dressing. Will feed a family of four.

VEGETABLES \$8.50 Green Beans with Potatoes Broccoli with Garlic Butter and



Bacon Wrapped Green Beans Lima Beans with Bacon

DESSERTS \$11.00 Berry Cobbler Almond Joy Cake Pound Cake

Cashews

Yeast Free Vegetables \$9.50
Quinoa Salad
Roasted Squash Medley
Okra with Tomato Sauce

YF Dessert \$12.00
Apple Pecan Crisp
Peanut Butter Surprise
Carrot-Apple Power Muffins (6)

# April 2016

Mon	Tue	Wed	Thu	Fri
				1
				Southwestern Stuffed Shells
4	5	6	7	8 * Add \$3.00
Kitchen Closed	Kitchen Closed	Kitchen Closed	Mexi Casserole	Shrimp and Pasta
11	12	13	14	15
Poppy Seed Chicken	Beef Chili with Cheese	Chicken Caprese with Basil Tomato Sauce	Enchilada Casserole	Beef Stew Meat with Carrots and Potatoes
18	19	20	21	22
Chicken and Spinach Enchiladas	Stuffed Italian Shells	Beef Stroganoff Casserole	Catering Event	King Ranch Chicken
25	26	27	28	29
Chicken over Broccoli	Skillet Basil Cream Pork Chops	Beef or Vegetable Lasagna	Creamy Chicken and Asparagus Pasta	Black Beans and Pork over Rice

### \*Denotes Healthy Heart Visit our Website www.elanyap.com email your order to us danel@elanyap.com

Customer:	
Address:	
Village:	
Phone:	
Fax:	
Email:	
Please circle the meal you would like of any vegetable, dessert or salad	
Thank you for your order!	
Lagniappe's Famous	
Italian Salad Dressing	3
\$4.50 for 14oz. Bottle or R	Refill
*** CHILDRENS MENU****	**
Macaroni and Cheese \$	8.50
Chicken Strips (12) \$2	10.00
Broccoli Mac N Cheese	
( w/chicken) \$	10.00